



2010 Camper Health Examination Form

*This form must be completed by a licensed physician to verify that the camper has had a health examination within 24 months prior to camp attendance.

Camper Name: _____ Birth Date: _____ Age at Camp _____
(Last) (First) (MI)
 Gender: *Male* *Female* Custodial Parent/Guardian: _____

Medical Exam

Exam Date: _____ Height: _____ Weight: _____ Pulse: _____ BP _____ / _____
 Vision: R 20/ _____ L20/ _____ Corrected: *Y N* Contacts: *Y N* Hearing: R _____ L _____

Exam	Normal	Abnormal Notes
Appearance	Y / N	
HEENT	Y / N	
Eyes	Y / N	
Fundoscopic	Y / N	
Pupils	Equal/Unequal	
Ears/Nose	Y / N	
Hearing	Y / N	
Throat	Y / N	
Dental	Y / N	
Lymph Nodes	Y / N	
Thyroid	Y / N	
Heart	Y / N	
Murmurs	Y / N	
Pulses	Y / N	
Lungs	Y / N	
Abdomen	Y / N	
Genitourinary (Male)	Y / N	
Hernia	Y / N	
Skin	Y / N	
Musculoskeletal		
Neck	Y / N	
Back	Y / N	
Shoulder/Arm	Y / N	
Elbow/Forearm	Y / N	
Wrist/Hand/Fingers	Y / N	
Hip/Thigh	Y / N	
Knee	Y / N	
Leg/Ankle	Y / N	
Foot/Toes	Y / N	
Duck Walk	Y / N	

Notes: _____





2010 Health Examination Form Continued...

Camper Name: _____ Birth Date: _____
 (Last) (First) (MI)

Allergies:

- No known allergies
- To foods (*list*):
- To medications (*list*):
- To the environment (*insect stings, hay fever, etc.-list*):
- Other allergies (*list*):

Describe previous reactions:

Diet/Nutrition:

- Eats a regular diet.
- Has a medically prescribed meal plan or dietary restrictions (*describe below*):

Is the camper undergoing treatment at this time?

- No
- Yes (*describe the camper's condition[s]*):

Medication:

- No daily medications.
- Will take the following prescribed medication(s) while at camp (*describe below—name, dose, frequency*):

The camper will require activity limitations or restrictions while at camp:

- No
- Yes (*describe and offer recommendations—attach additional information if needed*):

I have personally examined this camper within 24 months prior to camp attendance, and it is my opinion that the camper is physically and emotionally fit to participate in an active camp program (except as noted above).

Name of licensed medical personnel (*please print*): _____ Title: _____

Signature: _____ Date: _____

Office Address: _____

Telephone: (____) _____ Fax Number: (____) _____